



PUBLIC HEALTH

**ALWAYS WORKING FOR A SAFER AND
HEALTHIER WASHINGTON**

Healthy Communities Washington

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Director, Office of Healthy Communities



Washington DC
June 4th 2013



Washington State Snapshot

6,897,012 people

39 counties

29 Tribes

82% white

12.5% are below poverty level

\$58,890 median income



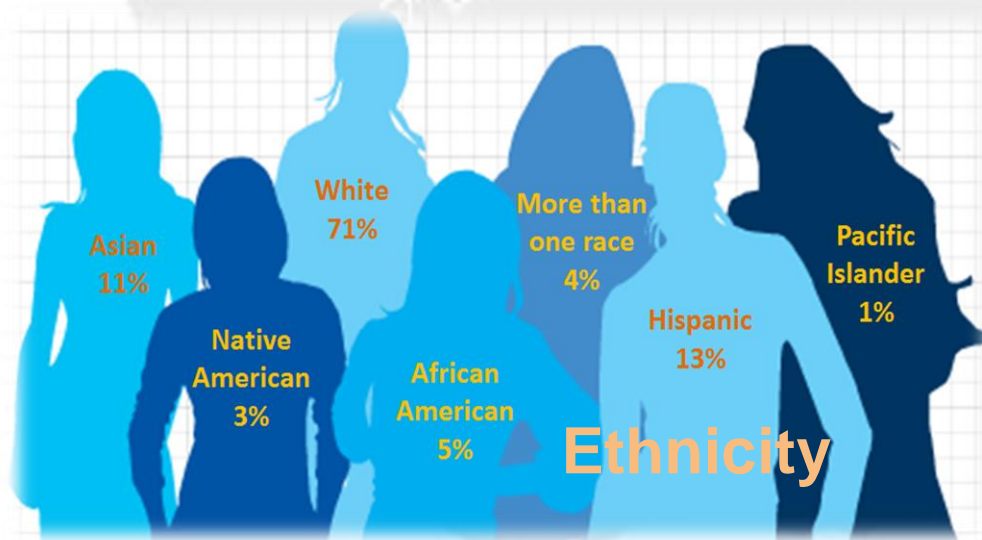
Washington's Women Snapshot

Women make up 50.1% of the population.

.6 million girls under 15

1.3 million women ages 15–44

1.4 million women over 45



Washington Women's Health

2011:

59% ages 18–44 years reported their general health as very good.

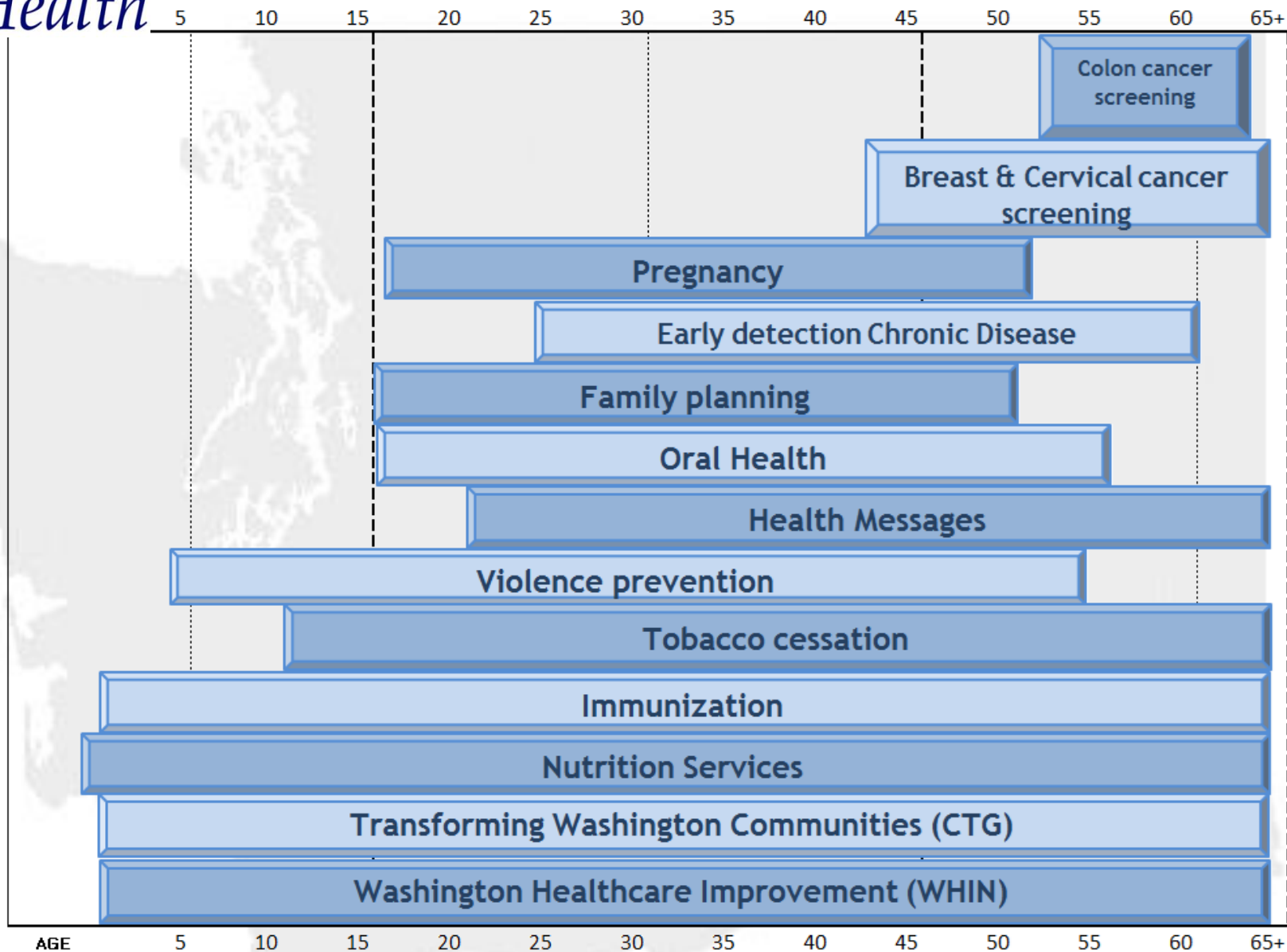
16% said their mental health was not good for two or more weeks during the previous month.

2010:

17% ages 15–44 years reported household incomes below the federal poverty level and 35% were below 200%.

How we do our work





Pregnancy/Postpartum Programs

- **WithinReach**
- **Tobacco Quitline**
- **WIC**
- **Promote improved care**
- **Washington Steps Up**
- **Reduce unnecessary C sections**
- **Support breast feeding mothers**



Transforming Washington Communities

- We are currently making strategic environmental, program, and system changes where people including women live, learn, work and play in 4 areas:
 - Active Living
 - Healthy Eating
 - Preventive Healthcare Services
 - Tobacco-Free Living













Clark County Snapshot

Tobacco-free living

Since January 1, 2013, an estimated **630** more people live in multifamily housing that has become smoke-free with the help of Clark County Public Health.



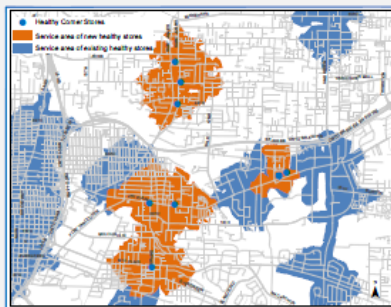
2 neighborhoods, home to **8,900** people, have partnered to implement smoke-free parks.



4 out of 5 Clark County residents visit a park each year.

Healthy eating

Clark County's **8** healthy neighborhood stores have given about **9,000** people access to healthy food within ½ mile of their homes.



In 2012, SNAP shoppers visited farmers markets **2,307** times, making **\$43,866** in purchases.



3 of Clark County's 8 farmer's markets accept SNAP benefits.

Active living

Walk or bike to school programs and community support have provided approximately **530** students with opportunities to walk or bike to Walnut Grove Elementary School.



In a 1-year period, over **1,000** students and their families participated in Safe Routes to School events.



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